

**IMPORTANT UPDATE – Nackawic Wellness and Valley Food Bank**

The partnership between Nackawic Wellness and Valley Food Bank will continue in 2021.

**If you are not currently registered** for this program and are looking for help to make ends meet, Valley Food Bank welcomes newcomers – please phone 328-4417 and ask for Sandra.

**If you are currently registered**, please note: the delivery day for boxes to Nackawic is changed – starting in February boxes, will be delivered to Nackawic Town Hall on the Wednesday, at approximately 11 a.m. of the third full week of each month. (Full weeks are Monday to Sunday.) Please continue to call Valley Food Bank at 328-4417 on the Monday of the week to confirm your delivery.

Delivery dates coming up:

Wednesday, February 17, 11 a.m. (Call Tuesday, February 16 as Monday is a holiday.)

Wednesday, March 17, 11 a.m. (Call Monday, March 15.)

Wednesday, April 21, 11 a.m. (Call Monday, April 19.)

Nackawic Wellness can provide delivery to your home on these days if you do not have transportation. If you are new to the program and need home delivery, please contact Nancy at 506-461-0803 for more information.